Aggressors, Victims, and Bystanders: Thinking and Acting to Prevent Violence (AVB)

TARGET AUDIENCE

This program is for students who are in 6th through 8th grade who are exposed to aggressive and violent environments.

SUMMARY

Aggressors, Victims and Bystanders: Thinking and Acting to Prevent Violence (AVB), a violence and aggression prevention curriculum, is designed to help adolescents think about confrontational situations and the roles individuals play in these conflicts, develop non-violent problem-solving skills, and learn suitable situational responses.

EVIDENCE

No peer-reviewed publications evaluating the effectiveness of this program were located.

COMPONENTS

The AVB curriculum is based on the four-step Think-First Model of Conflict Resolution, which teaches students how to cope with conflict and solve problems. In order to reach these goals, students engage in the following:

- Learn their role as an aggressor, victim, and bystander;
- Establish problem-solving skills;
- Evaluate beliefs and behaviors that reinforce aggressive behavior; and
- Develop different approaches to dealing with conflict.

Discussion, role-play, homework, and classroom activities are utilized during sessions. Students also discuss attitudes, beliefs, and behaviors related to violence and violence prevention. AVB may be delivered to students by health educators, language arts teachers, police officers, school resource/safety officers, or physical education instructors.

PREVIOUS USE

AVB was developed in 1994 and has been implemented with approximately 275,000 students in over 1,500 schools in 49 states, two United States territories, and the District of Columbia.
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TRAINING

Optional training, offered in Newton, Massachusetts, includes a 2-day teacher training, which costs $350 per person, or a 3-day train-the-trainer workshop, which costs $450 per person. On-site training and technical assistance are also available; costs will vary based on needs and location.

CONSIDERATIONS

Considerations for implementing AVB include acquiring teacher buy-in and making time for sessions.

The Clearinghouse can help address these considerations. Please call 1-877-382-9185 or email Clearinghouse@psu.edu

IMPLEMENTATION

If you are interested in implementing AVB, the Clearinghouse is interested in helping you!

Please call 1-877-382-9185 or email Clearinghouse@psu.edu

TIME

AVB consists of twelve 45-minute sessions delivered one to three times per week for 4 to 12 weeks.

COST

The program manual costs $69.95, which includes lesson plans and student handouts.

EVALUATION PLAN

To move the AVB program to the Promising category on the Clearinghouse Continuum of Evidence, at least one evaluation should be performed demonstrating positive effects lasting at least six months from program completion.

The Clearinghouse can help you to develop an evaluation plan to ensure the program components are meeting your goals. Please call 1-877-382-9185 or email Clearinghouse@psu.edu

CONTACT

Contact the Clearinghouse with any questions regarding this program.

Phone: 1-877-382-9185 Email: Clearinghouse@psu.edu

You may also contact Ron Slaby, Ph.D., by phone 1-781-789-8229 or email rslaby@rcn.com

SOURCE