CLEARINGHOUSE
FOR MILITARY FAMILY READINESS

Telehealth & Telemedicine:
Rapid Resource Review

Clearinghouse Technical Assistance Team

As of March 20, 2020

PennState

Table of Contents

Introduction

The Technical Assistance (TA) team at the Clearinghouse for Military Family Readiness at Penn State (Clearinghouse) conducted a brief resource search on the topic of telehealth. Search queries included various combinations of the following terms: *telehealth, telecare, telemedicine, and e-health.*

Please note that this search provides a preliminary examination of the resources and trainings identified as of the request date. It is not intended to serve as a comprehensive review of all resources available, nor are the resources and programs provided endorsed by the Clearinghouse.

Telehealth Resources

Websites

- American Telemed Association
  - The American Telemed Association (ATA) is a non-profit organization focused on accelerating worldwide adoption of telehealth. The ATA includes over 400 organizations focused on transforming the delivery of health and care.
  - https://www.americantelemed.org/

- Health Resources & Services Administration (HRSA) Telehealth Programs
  - This website includes a list of active telehealth programs and links to telehealth resources, with an emphasis on resources for rural and remote areas.
  - https://www.hrsa.gov/rural-health/telehealth

- National Consortium of Telehealth Resource Centers
  - The National Consortium of Telehealth Resource Centers (NCTRC), funded by the U.S. Department of Health and Human Services Health Resources and Services Administration, ensures telehealth programs are operational. NCTRC is committed to helping organizations overcome barriers, advance telehealth education, and provide resources.
  - https://www.telehealthresourcecenter.org/

- Telemedicine, Centers for Disease Control and Prevention
  - This chapter of the CDC Yellow Book for Travelers Health provides an overview of telemedicine and recommended practices for health providers.
  - https://wwwnc.cdc.gov/travel/yellowbook/2020/preparing-international-travelers/telemedicine

Guides

- Federal Telehealth Compendium
  - The Federal Telehealth compendium was developed by the Office of National Coordinator for Health Information Technology in coordination with the Federal Office of Rural Health Policy within the Health Resources and Services Administration (HRSA). The compendium includes telehealth activities across agencies such as research, policy development, implementation, adoption, care delivery, standards/interoperability, and privacy. It includes many federal telehealth activities.
  - https://www.healthit.gov/sites/default/files/federal_telehealth_compendium_final_122316.pdf

- Telehealth: Start-up and Resource Guide
  - This document provides an overview and framework for implementing telehealth in critical access hospitals and rural areas. It also shares resources for learning about telehealth and the organizations that support the use of telehealth.
  - https://www.integration.samhsa.gov/hit/telehealthguide_final_0.pdf

Webinars

- Introducing the Rural Telehealth Toolkit, Rural Health Information Hub
  - Developed by NORC on behalf of the Federal Office of Rural Health Policy (FORHP), the toolkit compiles promising approaches and resources to support rural communities seeking to develop and expand telehealth programs. This toolkit presents practical strategies that can help rural communities identify successful telehealth models, address common implementation challenges, and prepare for long-term sustainability.
  - https://www.ruralhealthinfo.org/webinars/telehealth

- Advancing Access: How Healthcare Organizations are Using Telehealth to Expand Mental Health Services
  - This webinar, presented by Amwell, shares how Behavioral Healthcare Providers and Children's Health developed behavioral health telehealth programs to expand access and address common issues. The webinar can be viewed at no cost; however, registration is required.
  - https://business.amwell.com/resources/advancing-access-how-healthcare-organizations-are-using-telehealth-to-expand-mental-health-services/

Journals

- Telemedicine and e-Health
  - Telemedicine and e-Health is a peer-reviewed journal for current telemedicine applications for achieving ideal patient care and outcomes.
  - https://home.liebertpub.com/publications/telemedicine-and-e-health/54

COVID-19 Telehealth-Related Materials

- Best Practices for Telehealth During COVID-19 Public Health Emergency, National Council for Behavioral Health
  - This document from the National Council for Behavioral Health provides background and resources to help begin or expand the use of telehealth.
  - https://www.thenationalcouncil.org/wp-content/uploads/2020/03/Telehealth_Best_Practices.pdf

- Notification of Enforcement Discretion for Telehealth Remote Communications
  - Information is provided for health care providers subject to the HIPAA Rules. Communication with patients and the use of telehealth services through remote communications technologies may be amended for the duration of the COVID-19 public health emergency.
  - https://www.hhs.gov/hipaa/for-professionals/special-topics/emergency-preparedness/notification-enforcement-discretion-telehealth/index.html

- COVID-19 Outbreak: How to Use Telehealth as a Key Element of your Infection Control and Prevention Strategy
  - This webinar, presented by Amwell, shares about their organization's response to the increased need for telehealth services, recommendations

to help other organizations prepare, and advice on how to communicate with patients and consumers.

- o https://business.amwell.com/resources/covid-19-outbreak-wbn/

Telehealth-Related Literature for Further Exploration

Chaet, D., Clearfield, R., Sabin, J. E., & Skimming, K. (2017). Ethical practice in Telehealth and Telemedicine. *Journal of general internal medicine*, *32*(10), 1136-1140.

Doarn, C. R., Henderson, K., Rasmussen, P., & Schoenberg, R. (2019). Best practices: Understanding new and sustainable approaches being integrated into health care systems. *Telemedicine and e-Health*, *25*(7), 525-532.

Siddiqui, J., Herchline, T., Kahlon, S., Moyer, K. J., Scott, J. D., Wood, B. R., & Young, J. (2017). Infectious Diseases Society of America position statement on telehealth and telemedicine as applied to the practice of infectious diseases. *Clinical Infectious Diseases*, *64*(3), 237-242.

Additional Assistance

The TA specialists at the Clearinghouse are happy to assist you. We provide support to professionals as they examine and make informed decisions about which programs fit specific situations and are worth the investment. Whether it is connecting you with the resources and tools to conduct a needs assessment in your community, suggesting the best evidence-based program or practice for your situation, or developing an evaluation plan, our team of experts is a call or email away.

Please visit our website at www.militaryfamilies.psu.edu or call 1-877-382-9185 to speak with a TA specialist.