

RESOURCES FOR PROFESSIONALS WORKING WITH MILITARY FAMILIES

Military OneSource

<http://www.militaryonesource.mil/>

- Provides Service members, their families, and service providers with information about Military programs and resources that support those who live the Military lifestyle and includes relevant topics such as deployment, relocation, and family relationships. Consultants are available to provide personalized assistance via phone or live chat.

RAND Center for Military Health Policy Research

<http://www.rand.org/topics/military-health-and-health-care.html>

- Offers a compilation of journal articles, reports, and briefs that explore the latest research and insights about Military health and healthcare.

Military Families Learning Network

<http://militaryfamilieslearningnetwork.org/>

- Features blogs, live and archived webinars, and events that intend to help Military family service professionals as they assist Military Families in the following areas: Community Capacity Building, Family Development, Family Transitions, Military Caregiving, Network Literacy, Nutrition and Wellness, and Personal Finance.

Military Family Research Institute at Purdue University (MFRI)

<http://www.mfri.purdue.edu/>

- Shares a collection of Military Family and Veteran related presentations, reports, and studies developed by MFRI. The “How to Help Series” is a valuable tool that contains printable guides and webinar trainings for professionals who work with Military Families.

Military Culture: Core Competencies for Healthcare Professionals

<http://deploymentpsych.org/military-culture-course-modules>

- Provides four interactive, web-based learning modules, through The Center for Deployment Psychology, that educate healthcare professionals about Military culture, customs, and common stressors. A self-assessment module allows individuals to understand how personal beliefs and biases may impact their work with Service members and families.

Military Culture Competence

<http://deploymentpsych.org/online-courses/military-culture>

- Disseminates an interactive online training course for civilian mental health providers to help them better understand, communicate, and interact with Service members and their families by learning about Military culture. The course covers topics, such as organizational structure, rank, branches of service, core values, common terms, demographics, and similarities and differences between the Active and Reserve components.

The Impact of Deployment and Combat Stress on Families and Children, Part 1

<http://deploymentpsych.org/online-courses/impact-of-deployment>

- Delivers an interactive training course for mental health providers that offers general information about the deployment cycle, family risk and resiliency factors, and a summary about how deployments impact Service members and their families. [Military Culture Competence](#) is a recommended prerequisite.

The Impact of Deployment and Combat Stress on Families and Children, Part 2

<http://deploymentpsych.org/online-courses/impact-of-deployment2>

- Presents information about how to increase resiliency in Military couples and children who are experiencing a deployment through an interactive online training course for mental health providers. [The Impact of Deployment and Combat Stress on Families and Children, Part 1](#) is a recommended prerequisite.

Provider Resiliency and Self-Care: An Ethical Issue

<http://deploymentpsych.org/online-courses/self-care>

- Offers an interactive online training course that provides an overview on how to increase provider resiliency and suggests strategies to promote self-care; reduce fatigue and burnout; and maintain high-quality, ethical practices.

The National Child Traumatic Stress Network Learning Center: Military and Veteran Families

<http://learn.nctsn.org/course/index.php?categoryid=10>

- Presents webinars that focus on Military and Veteran culture and the unique issues involved with providing mental health care to Military Service members, Veterans, and their families. Topics include the following: Military and Veteran Culture, Grief and Loss, Child Maltreatment and Domestic Violence, and Providing Services to Military and Veteran Families.



RESOURCES FOR MILITARY FAMILIES

Operation Autism: A Resource Guide for Military Families

<http://www.operationautismonline.org/>

- Provides Military Families with evidence-based information about autism. The guide offers sources for treatment and tips for navigating the unique challenges of Military life as a family impacted by the disorder and shares information about a child's educational rights.

Military Kids Connect

<http://militarykidsconnect.dcoe.mil/>

- Supplies a website for Military children (6-17 years old) with age appropriate games, activities, and videos. Specific sections address deployments, coping strategies, and Military life. Resource guides for youth, parents, and teachers share additional information about Military-related topics, websites, books, and additional support.

Guard Your Health

<http://www.guardyourhealth.com/about/>

- Provides Army National Guard Soldiers and family members with information and resources on health and medical-related topics. The site includes information about benefits, health assessment tools, an "Ask the Experts" panel, and general information about the different phases of service for Army National Guard Soldiers and their family members.

Military Child Education Coalition

<http://www.militarychild.org>

- Shares education-related information, resources, and supports for Military students and parents and furnishes resources and trainings for professionals who work with Military Families.

RESOURCES FOR MILITARY SPOUSES

RAND Brief "Working Around the Military"

http://www.rand.org/pubs/research_briefs/RB9056/index1.html

- Presents a summary of a study that focuses on Military spouse employment. Findings indicate that Military spouses are less likely to be employed and earn less than their civilian counterparts. The Military lifestyle is believed to negatively affect employment and education opportunities.



Military Family Life Project: Active Duty Spouse Study

<http://download.militaryonesource.mil/12038/MOS/Reports/MFLP-Longitudinal-Analyses-Report.pdf>

- Offers a project report that describes a research study that is designed to address how Military life events impact financial well-being, spouse education and employment, and child well-being and is designed to discuss how these factors impact spouse support for the Military.

Spouse Education & Career Opportunities (SECO): Easy Access for Those Who Support

<https://myseco.militaryonesource.mil/Portal/Content/View/1576>

- Provides community partners and service organizations access to information, articles, and resources related to Military spouse education and employment. The “Information Hub” shares current fact sheets, fliers, info sheets, and outreach materials for resources available through SECO.

The Clearinghouse has Technical Assistance (TA) Specialists who are available to help by offering support and guidance through the program selection, implementation, and evaluation process. These TA Specialists are available from 9 a.m. to 5 p.m. EST/EDT Monday through Friday. Use the information below to contact the Clearinghouse!

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